



Tropical Tuna Salad

4 pouches (2.6 oz.) StarKist® Tuna Creations® BOLD Jalapeño

1 ½ cups (8 ounces) thinly diced fresh pineapple

1 cup (4 ounces) diced English cucumber,

2 Tbsp. lime juice (1-2 limes juiced)

¼ cup cilantro, roughly chopped

Directions:

In a large bowl, toss together all ingredients to combine. Season with salt and pepper, if desired.

Serving Suggestion: Serve in avocado halves or endive leaves



Nutrition Information

1/4 recipe (6 oz.): 100 calories, 0g total fat (0g saturated), 30mg cholesterol, 400mg sodium, 11g total carbohydrate, 1g dietary fiber, 6g sugar, 14g protein

Servings: 4 | Prep Time: 10 minutes | Cook Time: 0 minutes

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