



Spicy Tuna Bowl

- 1 cup cooked brown rice
- ¼ cup shredded carrots
- ¼ avocado, diced
- 1 pouch (2.6 oz.) StarKist® Tuna Creations® BOLD Sriracha or StarKist® Tuna Creations® Sweet & Spicy
- 2 tsp. Sriracha mayonnaise

Directions:

1. Place brown rice in the bottom of a bowl. Top with shredded carrots, diced avocado and StarKist® Tuna.
2. Garnish with Sriracha mayonnaise, mix and serve.



Nutrition Information

Calories 480, Total Fat 17g (Saturated 2.5g, Trans 0g), Cholesterol 35mg, Sodium 610mg, Total Carbohydrate 63g (Dietary Fiber 7g, Sugars 5g), Protein 21g, Vitamin D 6%, Calcium 2%, Iron 10%, Potassium 15%

©2018 StarKist Co. All Rights Reserved.

Servings: 1 | Prep Time: 5 minutes | Cook Time: 0 minutes

Visit www.StarKist.com for more delicious recipes